

AGE ACCESS GUIDE

AGE	CANADIAN NATURAL HARDWOOD COURT	CANADIAN NATURAL TURF	SYNTHETIC COURT	TRACK	FITNESS CENTRE	GROUP-FITNESS STUDIO	HIGH-PERFORMANCE STUDIO
0	Under 8 need direct supervision by a responsible person 16+	Under 8 need direct supervision by a responsible person 16+	Under 8 need direct supervision by a responsible person 16+	Under 5 must be in a stroller or buggy	No Access	No Access	No Access
1							
2							
3							
4				Under 8 need direct supervision by a responsible person 16+			
5							
6							
7							
8	Under 8 need direct supervision by a responsible person 16+						
9	Open to all ages	Open to all ages	Open to all ages	Open to all ages	On their own after completing 'Teen Weight Trainers' 13-15. Regardless of adult supervision	On their own after completing 'Teen Weight Trainers' 13-15. Regardless of adult supervision	On their own after completing 'Teen Weight Trainers' 13-15. Regardless of adult supervision
10							
11							
12							
13					Access		
14							
15							
16							
17							
18+							



KEYANO.CA/SSWC

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Syncrude SPORT & WELLNESS CENTRE