

Spring 2022

## ACP 516, Introductory Life Support

*3 credits, 3 hour classes + Tech Weeks (45 hours total)*

This course will focus on foundational concepts that refine and prepare the Advanced Care Paramedic (ACP) student with a skillset for practical application in a clinical setting. Of this, the ACP student will enhance knowledge to guide critical thinking and treatment plans through several modules which include electrocardiogram (ECG) interpretation, 12- and 15-lead interpretation, Advanced ITLS concepts and skills, infection control, pediatric considerations, and geriatric considerations. These concepts and skills will be delivered with a blended approach through online classes, self-directed studies, and hands-on application during tech weeks to prepare the ACP student for intermediate practicum and enhance praxis.

### Instructors

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### Office Hours

Monday - Friday 08:00 – 17:00

### Hours of Instruction

See schedule below

### Required Resources

- **ECGs made easy**. Aehlert, B., 6<sup>th</sup> edition.
- **The 12-lead ECG in acute coronary syndromes**. Phalen, T., & Aehlert, B., 4<sup>th</sup> edition.
- **International Trauma Life Support for Emergency Care Providers**, 9<sup>th</sup> edition.
- **Pathophysiology: The biologic basis for disease in adults and children**. McCance, K. L., & Huether, S. E., 8<sup>th</sup> edition.

**Course Outcomes**

Upon successful completion of the course, the student shall be able to:

- Recall knowledge of the anatomy, physiology, and pathophysiology of the cardiovascular system and coronary arteries.
- Understand basic electrophysiology of the heart and demonstrate knowledge using a systematic approach for all ECG rhythms.
- Interpret clinical findings based on physical examination of acute coronary syndromes.
- Interpret 12- and 15-lead ECGs using a systematic approach and outline significant findings.
- Demonstrate techniques for applying a 12-and 15-lead ECG's.
- Understand and demonstrate standard approaches to medical and trauma patients.
- Understand and demonstrate the primary and secondary ABCD's of ACLS during cardiac arrest management.
- Conduct an Advanced International Trauma Life Support (ITLS) assessment and interventions.
- Explain anatomy, physiology, indications, contraindications, complications, and explain/demonstrate skills associated with ITLS and updated PCP scope of practice, such as:
  - iGel insertion
  - Needle thoracostomy
  - Spinal motion restriction
  - Traction splinting
  - Trauma dressings
  - Venous blood drawing
  - Blood product maintenance infusions
  - Intraosseous (IO) initiation and maintenance
  - Monitoring PICC lines
  - Total parental nutrition (TPN) maintenance infusions
  - Vaccinations for flu and COVID-19
  - Interpret and monitor core temperature
- Understand the pathophysiology of shock and differentiate between the types.
- Recognize clinical situations requiring pain assessment and management across the life span.
- Understand and demonstrate knowledge for key pathogens and modes of transmission.
- Understand and demonstrate proper hand-hygiene practices.
- Understand and demonstrate a Point of Care Risk Assessment (PCRA) and how to select appropriate Personal Protective Equipment (PPE) for:
  - Contact precautions
  - Airborne precautions
  - Droplet precautions
- Discuss the special challenges for pediatric and geriatric assessments.
- Differentiate the three elements of the Pediatric Assessment Triangle (PAT) in the primary (initial) assessment.
- Outline the unique considerations and additional assessment measures for child and geriatric patients, including history taking, primary assessments, secondary assessments, and monitoring devices.

Evaluation – see Moodle for quiz due dates

| Subject   |   | Grade Weight          |
|---|---|-----------------------|
| <b>Quizzes (5)</b><br>Each quiz is worth 6%                           | <b>Module 1</b><br>ECG Interpretation                     | 30%                   |
| <b>Quizzes (4)</b><br>Each quiz is worth 5%                           | <b>Module 2</b><br>12- and 15- lead ECG's                 | 30%                   |
| <b>Quizzes (8)</b><br>Each quiz is worth 2.5%                         | <b>Module 3</b><br>ITLS Concepts and Intermediate Skills  | 20%                   |
| Competency sign off during tech week (2 demonstrations of competence) |   | P/F during tech weeks |
| <b>Quiz 4</b>   | <b>Module 4</b><br>Infection Control                      | 10%                   |
| <b>Quiz 5</b>   | <b>Module 5</b><br>Pediatric and Geriatric Considerations | 10%                   |
| <b>Total course grade</b>   |   | 100%                  |

**Grading System**

- Students must achieve a minimum of B grade (76%) for total course grade to progress.
- Midterm and Final Exams require mandatory attendance. Absences will require prior approval.
- Absence from exams and quizzes require informing the instructor prior to class and will be handled based on Policies and Procedures for Keyano College.
- Competency based skills during lab require **two (2) sign offs** by an instructor **to pass** ACP 516.

**Proposed Schedule**  
**See the class schedule, topics, and readings as attached.**

| Week   | Modules  | NOCP Competencies   |
|--|--|---|
| <b>Week 1</b><br>May 2 – 6, 2022   | <b>TECH WEEK</b>   | Modules 1-5 competencies  |
| <b>Week 2</b><br>May 9 – 13, 2022  | <b>Module 1</b> – ECG Interpretation <ul style="list-style-type: none"> <li>• Self-directed studies</li> </ul>   | Area 4.5 – m<br>Appendix 4C – A   |
| <b>Week 3</b><br>May 19, 2022<br>09:00 – 12:00 hrs                                   | <b>Module 1</b> – ECG’s Interpretation <ul style="list-style-type: none"> <li>• Chapters 1-3</li> <li>• Trevor’s class</li> </ul>  | Area 4.5 – m<br>Appendix 4C – A   |
| <b>Week 4</b><br>May 25, 2022<br>10:00 – 13:00 hrs                                   | <b>Module 1</b> – ECG’s Interpretation <ul style="list-style-type: none"> <li>• Chapters 4-8</li> <li>• Trevor’s class</li> </ul>  | Area 4.5 – m<br>Appendix 4C – A   |
| <b>Week 5</b><br>June 3, 2022<br>09:00 – 12:00 hrs                                   | <b>Module 2</b> – 12-15-lead ECG’s <ul style="list-style-type: none"> <li>• Chapters 1-2</li> <li>• Trevor’s class</li> </ul>  | Area 4.3 – c<br>Area 4.5 – n<br>Appendix 4C – A   |
| <b>Week 6</b><br>June 8, 2022<br>09:00 – 12:00<br><br>June 10, 2022<br>09:00 – 12:00 | <b>Module 2</b> – 12-15-lead ECG’s <ul style="list-style-type: none"> <li>• Chapter 3.1 and 3.2</li> <li>• Trevor’s class</li> </ul><br><b>Module 2</b> – 12-15-lead ECG’s <ul style="list-style-type: none"> <li>• Chapter 4</li> <li>• Trevor’s class</li> </ul> | Area 4.3 – c<br>Area 4.5 – n<br>Appendix 4C – A   |
|  | <b>Module 3</b> – ITLS concepts and Intermediate Skills <ul style="list-style-type: none"> <li>• Self-directed studies</li> <li>• Application during tech week</li> </ul>  | Area 1.5 – a,b<br>Area 1.6 – a,b,c<br>Area 3.3 – a,b,<br>Area 4.2 – a,b,c,d,e,f<br>Area 4.3 – a,b,c,d,e,f,j,k<br>Area 5.1 – a,b,c,d,e,f,g<br>Area 5.5 – e, f, h, s<br>Appendix 4C –<br>A,B,C,E,F,G,J,L,M<br>*iGel |
| <b>Week 7</b><br>June 15, 2022<br>09:00 – 12:00                                      | <b>Module 4</b> – Infection Control  | Area 3.3 - f, g, h<br>Appendix 4C – C,P   |

|   |   |  |
|---|---|--|
| <p><b>Week 8</b><br/>June 13 – 17, 2022</p>                   | <p><b>Module 5 – Pediatric and Geriatric Considerations</b></p> <ul style="list-style-type: none"> <li>Self-directed studies</li> </ul> | <p>Area 4.3 - n,o<br/>Area 6.2 – b, c<br/>Appendix 4C – A,B,C,D,E,F,G,I,N,P</p>  |
| <p><b>Week 9</b><br/>June 20 – 24, 2022<br/>09:00 – 16:30</p> | <p><b>TECH WEEK</b></p>   | <p>Modules 1-5 competencies<br/>Area 4.4 – a,b,c,d,e,f,g,h,i<br/>Area 4.5 – a,b,c,d,g,<br/>Area 5.1 – a,b,d,e,f,g<br/>Area 5.2 - all<br/>Area 5.3 – all<br/>Area 5.4 – a,b<br/>Area 5.5 – a,b,c,d,e,f,g,h<br/>Area 5.6 - all<br/>Area 5.7 – all<br/>Area 5.8 – b,c,d,e,f,h,i,j,k,l,m,n,o</p> |

**Please Note:**

The date and time allotted to each topic are subject to change.

## Performance Requirements and Student Services

### Student Responsibilities

As a student, it is your responsibility to contact the Office of the Registrar to complete the required forms, including the Withdraw Course or Program or a Change of Registration form. Please refer to the important dates listed in the Academic Schedule in the [Keyano College credit calendar](#). The Keyano College credit calendar also has information about Student Rights and the Code of Conduct. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and the Code of Conduct Policies.

### Student Attendance

Class attendance is helpful for two reasons: First, class attendance maximizes a student's learning experience. Second, attending class is an excellent way to keep informed of matters relating to the course administration (e.g., the timing of assignments and exams). Ultimately, you are responsible for your learning and performance in this course. It is the responsibility of each student to be prepared for all classes. Absent students are responsible for the material covered in those classes, and students must ensure they are ready for their next class, including completing any missed assignments and notes.

### Academic Misconduct

Students are considered responsible adults and should adhere to the principles of intellectual integrity. Intellectual dishonesty takes many forms:

- Plagiarism or the submission of another person's work as their own,
- The use of unauthorized aids in assignments or examinations (cheating),
- Collusion or the unauthorized collaboration with others in preparing work,
- The deliberate misrepresentation of qualifications,
- The willful distortion of results or data,
- Substitution in an examination by another person,
- Submitting unchanged work for another assignment, and
- Breach of confidentiality.

The consequences for academic misconduct range from a verbal reprimand to expulsion from the College. More specific descriptions and details are found in the Student Rights and Code of Conduct section of the Keyano College credit calendar. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Code of Conduct Policies. To ensure your understanding of plagiarism, you may be required to complete an online tutorial and submit the certificate of completion.

### Online Learning

Technology and internet connectivity will impact your online learning experience. You may be required to watch online videos, take online quizzes, or participate in live online classes. Live/virtual courses will be hosted in Microsoft Teams or Zoom. For all course delivery types, you will access your course resources on Keyano's learning management system: Moodle (iLearn). Login in using your [Keyano username and password](#). Keyano College operates in a Windows-based environment, and having access to the correct tools for online learning is essential. Here's a list of recommended system requirements.

### Internet Speed

Minimum download and upload speeds of 10 Mbps. Recommended download speeds of 25 Mbps and upload speeds of 10 Mbps (if you are sharing your internet at home). You can check your internet speed with [Speedtest by Ookla](#).

**Computer System Requirements**

| Microsoft Windows   | Apple (Mac)   |
|---|---|
| <p><b>Minimum Requirements:</b></p> <ol style="list-style-type: none"> <li>Windows 10 Operating System or above</li> <li>4GB of RAM</li> <li>10GB available hard drive storage space                             <ol style="list-style-type: none"> <li>Install the Microsoft Office 365 suite (~3GB) *</li> </ol> </li> <li>Microphone, webcam, and speakers (All modern laptops have these three accessories built-in.)</li> <li>Windows has built-in anti-virus/malware software. It is essential to install system updates to keep your device secured regularly.</li> </ol> <p>*<a href="#">Microsoft Office 365</a> is free to Keyano students.</p> | <p><b>Minimum Requirements:</b></p> <ol style="list-style-type: none"> <li>Mac Operating System 10.14 (Monterey) or above</li> <li>4GB of RAM</li> <li>10GB available hard drive storage space                             <ol style="list-style-type: none"> <li>Install the Microsoft Office 365 suite (~3GB) *</li> </ol> </li> <li>Microphone, webcam, and speakers (All modern laptops have these three accessories built-in.)</li> <li>Mac has built-in anti-virus/malware software. It is important to install system updates to keep your device secured regularly.</li> </ol> <p>*<a href="#">Microsoft office 365</a> is free to Keyano students.</p> |
| <p><b>Recommended Upgrades</b></p> <ul style="list-style-type: none"> <li>8GB of RAM</li> <li>Regularly back up or synchronize your files, locally or with a cloud-based storage option.</li> </ul> <p>OneDrive is the cloud-based storage option free to students after the setup of KeyanoMail and Microsoft 365.</p>   | <p><b>Recommended Upgrades</b></p> <ul style="list-style-type: none"> <li>8GB of RAM</li> <li>Regularly back up or synchronize your files locally or with a cloud-based storage option.</li> </ul> <p>OneDrive is the cloud-based storage option free to students after the setup of KeyanoMail and Microsoft 365.</p>  |
| <p>Tablets, iPads and Chromebooks are <b>not</b> recommended: they may not be compatible with the testing lockdown browsers and Microsoft Office 365.</p>   |   |

**Specific Department Requirements**

Business and OA programs require Windows 10. Other programs may utilize Windows-based tools as well.

**Computer Software**

Students have access to Microsoft Office 365 and Read&Write for free using Keyano credentials.

**Recording of Lectures and Intellectual Property**

Students may only record a lecture if explicit permission is provided by the instructor or Accessibility Services. Even if students have permission to record a lecture or lecture materials, students may not share, distribute, or publish any of the lectures or course materials; this includes any recordings, slides, instructor notes, etc., on any platform. Thus, no student is allowed to share, distribute, publish or sell course-related content without permission. It is important to recognize that the Canadian Copyright Act contains provisions for intellectual property. The [Academic Integrity Policy](#) provides additional information on Keyano College's expectations from students as members of the intellectual community.

**ITS Helpdesk**

If you have issues with your student account, you can contact the ITS Helpdesk by emailing [its.helpdesk@keyano.ca](mailto:its.helpdesk@keyano.ca) or calling 780-791-4965.

**COVID-19** We are subject to provincial, and municipal bylaws, and policies. These decisions may change pending further direction from the Alberta Chief Medical Officer, Alberta Health Services, and other provincial guidelines. To protect yourself and others, get immunized, wash your hands, wear a mask, keep your distance (2m/6 ft) and remain home when feeling unwell. For the most recent COVID-19 information, please refer to [albertahealthservices.ca/COVID](http://albertahealthservices.ca/COVID).

**Specialized Supports** The Student Services Department is committed to Keyano students and their academic success. There is a variety of student support available at Keyano. All student services are available during Keyano business hours: Monday to Friday, 8:30 a.m. to 4:30 p.m. The College is closed on statutory holidays. If you require support outside of regular business hours, please inform the support service team, and they will do their best to accommodate your needs.

**Accessibility Services** provides accommodations for students living with disabilities. Students with documented disabilities or who suspect a disability can meet with an Access Strategist to discuss their current learning barriers and possible accommodations. Students who have accessed accommodations in the past are encouraged to contact the department to request accommodations for the following semester. Please note that requesting accommodations is a process and requires time to arrange. Contact the department as soon as you know you may require accommodations. For accessibility supports and disability-based funding, please book an appointment by emailing us at: [accessibility.services@keyano.ca](mailto:accessibility.services@keyano.ca).

Accessibility Services also provides individual and group learning strategy instruction for all students and technology training and support to enhance learning. You can meet with an Access Strategist to learn studying and test-taking strategies. In addition, you can schedule an appointment with the Assistive Technology Specialist to explore technology tools for learning. Book an appointment today by emailing: [accessibility.services@keyano.ca](mailto:accessibility.services@keyano.ca)

**Wellness Services** offers a caring, inclusive, and respectful environment where students can access free group and individual support to meet academic and life challenges. Mental Health Coordinators provide a safe and confidential environment for you to seek help with personal concerns. Our Wellness Navigator offers support with basic needs such as housing, financial and nutritional support, and outside referrals when needed. Wellness Services welcomes students to participate in group sessions that address topics including mindfulness and test anxiety throughout the academic year. Individual appointments can be made by emailing [wellness.services@keyano.ca](mailto:wellness.services@keyano.ca).

**Library Services:** provides students with research, information, and education technology supports as they engage in their studies. Library staff are available to help you online and in person throughout the semester. Librarians offer individual and small group appointments booked using the online [Book A Librarian calendar](#). The Library also provides research and subject guides to help you with your studies. To view a subject or course-specific guide, check out the complete list of online [Subject Guides](#). To start your research and access citation guides (APA, MLA, Chicago, or IEEE), visit the [Research Help page](#). The Library's collections (including print and online materials) are searchable using OneSearch. The Library offers a Loanable Technology collection to support students accessing and using technology. For an up-to-date list of technology available for borrowing, visit the Library's [Loanable Technology webpage](#). For a detailed list of library resources and services, go to [www.keyano.ca/library](http://www.keyano.ca/library). For all inquiries, please email [askthelibrary@keyano.ca](mailto:askthelibrary@keyano.ca) or [chat with us online](#).

**Academic Success Centre:** The Academic Success Centre at Keyano College (CC-119) provides **free** academic support services to registered students, such as tutoring, writing support, facilitated study groups, workshops, and study space. Academic Content Specialists are available in Mathematics, Science, Trades, Power Engineering, Upgrading/College Prep, Human Services, English, Humanities, and more. Students are encouraged to visit the Academic Success Centre to discuss study strategies and academic concerns. For additional information, please email [Academic.Success@keyano.ca](mailto:Academic.Success@keyano.ca).



**Academic Success Coach:** The Academic Success Coach is located in the Academic Success Centre and works with students to develop academic success plans, time management skills, study strategies, and homework plans. For additional information, please email [Academic.Success@keyano.ca](mailto:Academic.Success@keyano.ca).