PSYCH 103E, Introduction to Psychology
3 credits, 3 hours

This course provides an introduction to the study of human behaviour. Students are introduced to the history of psychology, its methods, and the current state of research knowledge. A wide range of topics will be surveyed, including learning, memory, perception, biological psychology, social psychology, psychological development in children, personality, psychological disorders, therapy, health psychology and ethics in research and clinical practice.

There are no prerequisites for this course
NOTE: Open to students enrolled in: the BScN degree, the Practical Nurse diploma, and the BSc in Environmental Science degree. Not open to students with credit in PSYCH 104 or 105.

Instructor

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Office Hours

Mon.   11:00 – 12:00; 1:00 – 2:00
Wed.   1:00 – 3:00
Thurs. 12:00 – 1:00

Hours of Instruction

Thur.   6:30 – 9:30; room CC273

Required Resources

An introduction to psychological science, Krause, M., Carts, D., Smith, S., & Dolderman, D., (2nd Canadian Ed.).

Course Outcomes

Upon successful completion of this course, the student shall be able to:

- Demonstrate knowledge (through tests, assignments and activities) of the major perspectives of psychology and how each approach views/explains human behaviour and thought.
- Identify and explain the major theories and concepts within the discipline of psychology using the appropriate terminology.
- Describe the major research methods used by psychologists, and their strengths and weaknesses.
- Apply verbal and presentational skills, in order to effectively communicate ideas to fellow-learners
- Develop and exercise organizational and team building capabilities

Evaluation

Clearly outline what the students must do in order to pass or complete the course.

Quizzes	15%
Term Test 1	25%
Term Test 2	25%
Final Exam	35%
Total	100%

A grade of C- is required for progression or transfer.

Quizzes: There will be in-class chapter quizzes following coverage of each chapter; multiple choice. If you miss a quiz you will receive a zero unless you have a <u>valid</u> reason for your absence of that class.

Term tests: There will be two term tests; multiple choice.

Final exam: There will be a cumulative final; multiple choice.

Grading System

Descriptor	Alpha Grade	4.0 Scale	Percent	Rubric for Letter Grades
Excellent	A+	4.0	> 92.9	Work shows in-depth and critical analysis, well developed ideas, creativity, excellent writing, clarity and proper format.
	A	4.0	85 – 92.9	
	A-	3.7	80 – 84.9	
Good	B+	3.3	77 – 79.9	Work is generally of high quality, well developed, well written, has clarity, and uses proper format.
	B	3.0	74 – 76.9	
	B-	2.7	70 – 73.9	
Satisfactory **Progression**	C+	2.3	67 – 69.9	Work has some developed ideas but needs more attention to clarity, style and formatting.
	C	2.0	64 – 66.9	
	C-	1.7	60 – 63.9	
Poor **Minimum Pass**	D+	1.3	55 – 59.9	Work is completed in a general way with minimal support, or is poorly written or did not use proper format.
	D	1.0	50 – 54.9	
Failure	F	0.0	< 50	Responses fail to demonstrate appropriate understanding or are fundamentally incomplete.

Proposed Schedule of Topics

Week	Chapter	Topic
1	1	Introduction to psychological science
2	2	Reading and evaluating scientific research
3	3	Biological psychology
4	4	Sensation and perception
5	5	Consciousness
6	6	Learning
7	7	Memory

8	8	Thought and language
9	9	Intelligence testing
10	10	Lifespan development.
11	11	Motivation and emotion
12	12	Personality
13	13	Social psychology
14	14	Health, stress, and coping
15	15	Psychological disorders
16	16	Therapies

Please Note:

Date and time allotted to each topic is subject to change.

Performance Requirements

Student Responsibilities

It is your responsibility as a student to contact the Office of the Registrar to complete the forms for Withdrawal or Change of Registration, and any other forms. Please refer to the list of important dates as noted in the Academic Schedule in the Keyano College credit calendar.

More specific details are found in the Student Rights and Student Code of Conduct section of the Keyano College credit calendar. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Student Code of Conduct Policies.

Student Attendance

Class attendance is useful for two reasons. First, class attendance maximizes a students' learning experience. Second, attending class is a good way to keep informed of matters relating to the administration of the course (e.g., the timing of assignments and exams). Ultimately, you are responsible for your own learning and performance in this course.

It is the responsibility of each student to be prepared for all classes. Students who miss classes are responsible for the material covered in those classes and for ensuring that they are prepared for the next class, including the completion of any assignments and / or notes that may be due.

Academic Misconduct

Students are considered to be responsible adults and should adhere to principles of intellectual integrity. Intellectual dishonesty may take many forms, such as:

- Plagiarism or the submission of another person's work as one's own
- The use of unauthorized aids in assignments or examinations (cheating)
- Collusion or the unauthorized collaboration with others in preparing work
- The deliberate misrepresentation of qualifications
- The willful distortion of results or data
- Substitution in an examination by another person
- Handing in the same unchanged work as submitted for another assignment
- Breach of confidentiality.

The consequences for academic misconduct range from a verbal reprimand to expulsion from the College. More specific descriptions and details are found in the Student Rights and Student Code of

Conduct section of the Keyano College credit calendar. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Student Code of Conduct Policies.

In order to ensure your understanding of the concept of plagiarism, you must successfully complete the online tutorial found on ilearn.keyano.ca. Then print the certificate, sign it, and show it to each of your instructors. Your course work will not be graded until you show this signed certificate.

Specialized Supports

The Student Academic Support Services (SASS) department: Accessibility Services, Skill Centre and Wellness Services, work together to support student success at Keyano College.

Accessibility Services (CC167) supports student success through group and individualized instruction of learning, study and test taking strategies, and adaptive technologies. Students with documented disabilities, or who suspect a disability, can meet with the Learning Strategists to discuss accommodation of the learning barriers that they may be experiencing. Students who have accessed accommodations in the past are encouraged to visit our office at their earliest opportunity to discuss the availability of accommodations in their current courses. Individual appointments can be made by calling 780-791-8934

Skill Centre (CC119) provides a learning space where students can gather to share ideas, collaborate on projects and get new perspectives on learning from our tutorial staff. Students visiting the centre have access to one-to-one or group tutoring, facilitated study groups, and assistance in academic writing. The Skill Centre's Peer Tutor program provides paid employment opportunities for students who have demonstrated academic success and want to share what they have learned. Tutoring is available free to any students registered at Keyano College on a drop in basis, from 9:00 am to 5:00 pm Monday through Friday. Additional evening hours are subject to tutor availability and are posted in the Skill Centre.

Wellness Services (CC260) offers a caring, inclusive, and respectful environment where students can access free group and individual support to meet academic and life challenges. Mental Health Coordinators offer a safe and confidential environment to seek help with personal concerns. The Mindfulness Room in CC260 is available as a quiet space for students to relax during regular office hours. Wellness Service welcomes students to participate in any of the group sessions offered throughout the academic year addressing such topics as Mindfulness and Text Anxiety. Individual appointments can be made by calling 780-791-8934.

Please watch your Keyano email for workshop announcements from our Student Academic Support Services team.